

COMMUNITY ISOBREAKER

Guidelines & Risk Waiver

ASPECT	AHS OR CITY REGULATION	ACTIONS YOU WILL TAKE
PUBLIC SPACES	Groups must adhere to outdoor gathering restriction limits. Although these change, the participant must be aware of the latest numbers and ensure crowds to not exceed this size, including performers.	Encourage spectators to move along to another performer if you observe close to the allowable numbers of spectators gathering (including performers). OR Stop performing and take a break – until enough people move along.
	Subject to closures by the operator, outdoor recreation activities are permitted in parks, trails and opens spaces (e.g. soccer fields and ball diamonds).	Yeehaw!
EVENTS	Municipalities may choose to open fields, playgrounds and courts for public use, but league play is not permitted.	City of Calgary Parks remain open.
	All City of Calgary supported events set to take place through August 31 are cancelled. In addition, permits for third party events on City land through August 31 have been cancelled.	Isobreaker does not require City event support. Keep your numbers within current gathering limits, and we will meet the criteria set out by Alberta Health Services.
PHYSICAL DISTANCING	Individuals should maintain physical distancing of at least 2 metres from others (unless from the same household)	Insert markers or safe-distancing signs on your lawn, premeasured out , OR Use chalk or coloured duct-tape on the sidewalk or street to mark out 2 metre squares
	Individual or group instruction must only be conducted with appropriate physical distancing of at least 2 metres, unless the individuals are from the same household.	If offering instruction or demonstration, place a line (chalk, tape, tent pegs) indicating the closest the audience can stand.

ACTIVITIES	Activities in public spaces should not include the sharing of common equipment, unless the individuals are from the same household.	Choose to participate in activities that allow you to maintain physical distancing and you can bring/use your own equipment.
	Other high risk activities include cheering, hand shaking, preparing food, sharing food & beverages	Avoid these!
	Choose activities that do not include contact with other individuals. Limit congregating with other people when going to and from common areas	Do not park your vehicles in front of your house – perhaps build this into your audience space – while still allowing vehicles to pass by on the street
CLEANING	Clean and disinfect equipment prior to and after use.	Use at least 60% alcohol
MUSICAL PERFORMERS	Singing is a high-risk activity because infected people can transmit the virus through their saliva or respiratory droplets.	Do not encourage the crowd to join in your song! Limit the number of people singing to as few as possible. Have people sing facing away from others or otherwise creating separation using a barrier such as Plexiglas.
FEELING SICK?	Those who are sick or symptomatic <u>must not</u> participate.	All participants must adhere to this regulation. If you are not feeling well the day-of, we can post a sign at your performance location for those who may come to see you, and announce it on social media.

ACCEPTANCE OF GUIDELINES AND RISK:

In consideration of my acceptance as a coordinator, volunteer, performer or performer assistant in Community Isobreaker, I agree to enforce and abide by these guidelines to the best of my ability.

I accept and acknowledge that the creators and organizers of Community Isobreaker, by promoting an activity or event in which I am involved as part of the Community Isobreaker, are not responsible or liable for my safety, nor that of my participants, spectators or passers-by. I accept and assume any and all risk to myself arising from my participation in Community Isobreaker, including illness, injury or death.

I release the creators and organizers of Community Isobreaker and waive any present or future claims against it or its founders at Tenato Strategy Inc. I represent that I am over 18 years of age, and responsible for any minors whose involvement I am supervising during any Community Isobreaker activity.